

2011/2012 WINTER SCHEDULE
As of June 2011

SUNDAY

8:15-11:15 Sychro (Commander Rink)

SUNDAY

1:45-2:45 Synchronized Skating
2:45-3:30 CanSkate1 Session
3:30-4:15 CanSkate2 Session
4:15-4:25 Flood
4:25-5:25 A Session
5:25-6:25 B Session
(incl. 1 group lesson)
6:25-6:35 Flood
6:35-7:35 C Session
7:35-7:45 Flood
7:45-9:00 D/E Session
9:00-9:10 Flood
9:10-10:00 Adult Session

MONDAY

4:10-5:20 E Session
5:20-5:50 D/E Edge/Turn Stroking
Group
5:50-6:00 Flood
6:00-7:00 D Session

TUESDAY

7-8 am Sychro
3:40-4:50 D/E Session
4:50-5:00 Flood
5:00-6:00 B Session
(incl. 1 group lesson)
6:00-7:00 C Session

There will be scheduled skater development seminars held throughout the season. Please watch bulletin boards, calendars and website for notices of these classes.

WEDNESDAY

4:10-5:25 D Session
5:25-5:35 Flood
5:35-6:50 E Session
6:50-7:00 Flood
7:00-8:00 Synchronized Skating

THURSDAY

7-8 am Morning Program/Ticket Ice
4:10-5:25 C Session
5:10-5:25 C Edge/Turn Stroking
Group
5:25-5:35 Flood
5:35-6:20 CanSkate1 Session
6:20-7:05 CanSkate2 Session
7:05-8:05 A Session
8:05-8:15 Flood
8:15-9:30 E Session

FRIDAY

4:10-5:35 D Session
5:35-5:45 Flood
5:45-6:45 B Session
(incl. 1 group lesson)
6:45-7:00 B Edge/Turn Stroking
Group

The Club reserves the right to change &/or cancel sessions and alter qualifications based on registration numbers to benefit the Club and maintain the safety of its skaters.