

2008/2009 WINTER SCHEDULE

As of July 4, 2008

SUNDAY

1:40-2:30 Synchronized Skating
2:30-3:15 CanSkate1A Session
3:15-4:00 CanSkate1B Session
4:00-4:10 Flood
4:10-4:55 CanSkate2 Session
4:55-5:55 A Session
5:55-6:55 B Session Freeskate
(incl. 1 group lesson)
6:55-7:10 B Session Dance
7:10-7:20 Flood
7:20-8:20 C Session Freeskate
8:20-8:35 C Session Dance
8:35-8:45 Flood
8:45-9:45 D/E Session Freeskate
9:45-10:00 D/E Session Dance

MONDAY

4:10-5:20 E Session
5:20-5:35 E Edge/Turn Stroking
Group
5:35-5:45 Flood
5:45-6:45 D Session Freeskate
6:45-7:00 D Session Dance

TUESDAY

7-8 am Morning Ticket Ice
3:40-4:50 D/E Session
4:50-5:00 Flood
5:00-6:00 B Session
(incl. 1 group lesson)
6:00-7:00 C Session

There will be scheduled skater development seminars held throughout the season. Please watch bulletin boards, calendars and website for notices of these classes.

WEDNESDAY

4:10-5:10 D Session Freeskate
5:10-5:25 D Session Dance
5:25-5:35 Flood
5:35-6:50 E Session
6:50-7:00 Flood
7:00-8:00 Synchronized Skating

THURSDAY

7-8 am Morning Ticket Ice
4:10-4:55 C Session Freeskate
4:55-5:10 C Session Dance
5:10-5:25 C Edge/Turn Stroking
Group
5:25-5:35 Flood
5:35-6:20 CanSkate1 Session
6:20-7:05 CanSkate2 Session
7:20-8:05 A Session
8:05-8:15 Flood
8:15-9:15 E Session Freeskate
9:15-9:30 E Session Dance

FRIDAY

4:10-5:20 D Session Freeskate
5:20-5:35 D Edge/Turn Stroking
Group
5:35-5:45 Flood
5:45-6:30 B Session Freeskate
(incl. 1 group lesson)
6:30-6:45 B Session Dance
6:45-7:00 B Edge/Turn Stroking
Group

The Club reserves the right to change &/or cancel sessions and alter qualifications based on registration numbers to benefit the Club and maintain the safety of its skaters.